

MONDAY										
TIME	Hrs	INS	AS	CP	GROUND FLOOR	TIME	Hrs	INS	UPSTAIRS	
4:00 - 4:30	0.50	CB	MA		Little Dragons 5-6 Yrs	3:30 - 4:00	0.50	HF	Little Dragons 3-4 yrs	
4:30 - 5:15	0.75	CB	MA	1	Kids White to Yellow 3					
5:15 - 6:00	0.75	CB	MA	1	Kids Blue 1 above					
6:00 - 6:45	0.75	HF		1	TKD Adults 13 above	6:00 - 6:40	0.67	DM	Teenage BJJ	
6:45 - 8:15	1.50	DM			BJJ Adults	6:45 - 7:30			KICKBOXING	
TUESDAY										
TIME	Hrs	INS	AS	CP	GROUND FLOOR	TIME	Hrs	INS	UPSTAIRS	
4:00 - 4:30	0.50	CB	MA		Little Dragons 5-6 Yrs	3:30 - 4:00	0.50	HF	Little Dragons 3-4 yrs	
4:30 - 5:15	0.75	CB	MA	1	Kids White to Yellow 3					
5:15 - 6:00	0.75	CB	MA	1	Kids Blue 1 above					
6:00 - 7:00	1.00	HF		1	TKD Adults 13 above					
WEDNESDAY										
TIME	Hrs	INS	AS	CP	GROUND FLOOR	TIME	Hrs	INS	UPSTAIRS	
4:00 - 4:30	0.50	CB	MA		Little Dragons 5-6 Yrs	3:30 - 4:00	0.50	HF	Little Dragons 3-4 yrs	
4:30 - 5:15	0.75	CB	MA	2	Kids White to Yellow 3	-				
5:15 - 6:00	0.75	CB	MA	2	Kids Blue 1 above					
6:00 - 6:45	0.75	HF		2	TKD Adults 13 above	6:00 - 6:40	0.67	DM	BJJ Kids	
6:45 - 8:15	1.50	DM	DM		BJJ Adults	6:45 - 7:30		HF	KICK BOXING	
THURSDAY										
TIME	Hrs	INS	AS	CP	GROUND FLOOR	TIME	Hrs	INS	UPSTAIRS	
4:00 - 4:30	0.50	CB	MA		Little Dragons 5-6 Yrs	3:30 - 4:00	0.50	HF	Little Dragons 3-4 yrs	
4:30 - 5:15	0.75	CB	MA	2	Kids White to Yellow 3					
5:15 - 6:00	0.75	CB	HF	2	Kids Blue 1 above					
6:00 - 6:45	0.75	HF		2	TKD Adults 13 above	6:00 - 6:40	0.67	DM	BJJ Kids	
6:45 - 8:15	1.50	DM	DM		BJJ Adults					
FRIDAY										
TIME	Hrs	INS	AS	CP	GROUND FLOOR	TIME	Hrs	INS	UPSTAIRS	
4:00 - 4:30	0.50	CB	HF		Little Dragons 5-6 Yrs	3:30 - 4:00	0.50	HF	Little Dragons 3-4 yrs	
4:30 - 5:15	0.75	CB	HF	3	Kids - TKD all Belts	-				
5:15 - 7:00	1.75	CB	HF		Sport Training					
						6:00 - 7:30	1.50	DM	BJJ Adults	
						-				
SATURDAY										
TIME	Hrs	INS	AS	CP	GROUND FLOOR	TIME	Hrs	INS	UPSTAIRS	
9:00 - 9:45	0.75	CB	MA		Little Dragons 5-6 Yrs	9:00 - 9:45	0.75	HF	Little Dragons 3-4 yrs	
9:45 - 10:45	1.00	CB	MA	3	Kids - TKD all Belts	10:00 - 10:45	0.75	DM	BJJ Kids	
11:00 - 13:00	2.00	DM	DM		BJJ Adults					

**TAEKWONDO ONLY:** Facility is closed all public holiday's \* (Christmas Break) 3rd week in December until 2nd Week in January\* Grading periods, April, June, September and December. No regular classes during grading period only graduating students.\* Suspension must be at least 1 month and can not be applied for during Christmas Break as the fee have already been calauated into membership total.